

TESTIFY

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Newsweek

Edition 2

Hybre Kivedo Bellairs
Girls on the Move for Jesus!

Let Go!

KEEPING JESUS BEFORE PEOPLE! www.gobigpublications.com

IN THIS EDITION

Issue 2
June 2026

LET GO!



Some Relationships Were Seasonal

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Some people were assignments.

Some were lessons.

Some were warnings.

And some were simply temporary.

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release, not because those relationships are healthy, but because history can feel safer than change. Familiarity has a way of making unhealthy things feel normal. Sometimes people remain connected to relationships that continually wound them simply because they fear the loneliness that may come with letting go.

But not every connection is a covenant. Some relationships are seasonal, and when their season has ended, forcing them to remain can hinder spiritual growth, emotional healing, and obedience to God.

We see this clearly throughout Scripture. One powerful example is found in the relationship between Abraham and Lot.

EDITORIAL

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TESTIFY MAGAZINE (TELLING PEOPLE'S STORIES - AFFIRMING GOD IS ALIVE!)

HYBRE KIVEDO BELLAIRS

LET GO!

“Cast all your anxiety on Him because He cares for you.” - 1 Peter, chapter 5, verse 7,

There comes a moment in nearly every woman's life where God begins speaking softly to the heart about something we often resist:

Let go.



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Let go of the pain you have silently carried.
Let go of the disappointment you never fully healed from.
Let go of the guilt that keeps replaying in your mind.
Let go of the fear of moving forward.
Let go of the need to control everything around you.

Truthfully, surrendering is not easy. As women, we often carry far more than people realise. We carry families, responsibilities, emotions, expectations, and sometimes years of hidden hurt. We hold on to memories because they shaped us. We hold on to people because we loved them deeply. Sometimes we even hold on to pain because, after a while, it becomes familiar.

Yet God never intended His daughters to live burdened by what He already paid for at the cross.

Some women are physically moving through life but emotionally standing still, smiling outwardly while inwardly exhausted, praying for peace while still reliving yesterday's wounds. There are women still carrying words spoken over them years ago, still carrying betrayal, still grieving what should have been.

But the Lord says in Isaiah, chapter 43, verses 18 to 19, - "Forget the former things; do not dwell on the past. See, I am doing a new thing!" Notice the wording carefully. God does not say the past never happened. He says, "Do not dwell there." There is a difference between remembering a lesson and living inside the wound. Some people have allowed old pain to become a permanent residence in their hearts, and

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because of that, they struggle to recognise the new thing God is trying to birth within them.

The truth is simple, although difficult to accept:

You cannot fully receive what God has ahead of you while still clinging to what broke you behind you.

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And some were simply temporary.

Yet many women continue to hold on to relationships God has already asked them to release, not because those relationships are healthy, but because history can feel safer than change. Familiarity has a way of making unhealthy things feel normal. Sometimes people remain connected to relationships that continually wound them simply because they fear the loneliness that may come with letting go.

But not every connection is a covenant. Some relationships are seasonal, and when their season has ended, forcing them to remain can hinder spiritual growth, emotional healing, and obedience to God.

We see this clearly throughout Scripture. One powerful example is found in the relationship between Abraham and Lot.

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In Genesis, chapter 13, verses 8 to 9, tension began to grow between their households because their blessings had become too large for the same space. Abraham eventually said to Lot:

“Please let there be no strife between you and me... Separate yourself from me.”

Notice something important, that Abraham did not separate in hatred. Abraham separated in wisdom and peace. Sometimes separation is not rebellion against love. Sometimes it is alignment with purpose.

Another example is found in the lives of Paul the Apostle and Barnabas. Acts, chapter 15, verses 36 to 40, tells us that the two men experienced such a sharp disagreement regarding John Mark that they eventually parted ways.

Yet God still used both of them powerfully.

It is important to understand that not every separation means somebody is evil. Sometimes people simply cannot continue into the next season that God has prepared for you. A relationship can end without hatred, bitterness, or revenge.

Even Jesus walked away from places and people that continually rejected peace and truth. In Matthew, chapter 10, verse 14, Jesus instructed His disciples:

“If anyone will not welcome you or listen to your words, leave that home or town and shake the dust off your feet.”

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That Scripture carries wisdom many believers struggle to accept. Not everybody will understand your journey, honour your growth, or celebrate your healing. Trying to force acceptance from people God is asking you to release will only drain your spirit.

Letting go does not make you bitter; it makes you wise. There are moments when protecting your peace becomes an act of obedience.

Sometimes the most spiritual prayer a woman can pray is:

“Lord, if this relationship is not part of Your will for my life, help me release it without anger, bitterness, or fear.”

That prayer takes maturity. It takes courage to trust God enough to release what feels familiar. It takes faith to believe that obedience is better than emotional attachment.

Because often what we call rejection, God calls protection.

And as Proverbs, chapter 3, verses 5 to 6, reminds us: “Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight.”

Releasing the Woman You Used to Be

For many women, the hardest person to forgive is themselves.

The woman who trusted the wrong people.

The woman who stayed too long.

The woman who ignored the warning signs.

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The woman who lost herself trying to save everybody else.

Some believers truly love God yet continue condemning themselves for seasons God has already forgiven. They ask God for mercy yet refuse to extend grace to themselves.

One of the clearest Biblical examples of this is found in the life of Peter the Apostle.

Luke, chapter 22, verses 61 to 62, tells us: “And the Lord turned and looked straight at Peter... And he went outside and wept bitterly.”

Peter loved Jesus deeply, yet fear caused him to deny Christ three times. Imagine the weight of that shame. Failure became louder than his calling. Yet Jesus did not abandon Peter because of one broken season. After the resurrection, Jesus restored him personally. In John, chapter 21, verses 15 to 17, Jesus repeatedly asked Peter: “Do you love Me?” Not to shame him, but to restore him.

The same man who denied Christ became one of the boldest leaders in the early church. Peter’s failure was real, but it was not final.

Another powerful example is Mary Magdalene. Luke, chapter 8, verse 2, reveals that Jesus delivered her from seven demons. Society would have identified her by her brokenness, yet Heaven identified her by her restoration. She became one of the first witnesses of the resurrection of Christ.

That is why 2 Corinthians, chapter 5, verse 17, reminds us: “If anyone is

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in Christ, he is a new creation; the old has gone, the new is here!”
Not someday.
Not eventually.
Now.

That means you are no longer defined by your worst season.

You are not your divorce.
You are not your trauma.
You are not your addiction.
You are not your failure.

You are redeemed through Christ. You are chosen by God. You are still deeply loved by Heaven.

Romans, chapter 8, verse 1, declares: “There is therefore now no condemnation for those who are in Christ Jesus.”

The enemy wants women trapped in shame because shame keeps people spiritually paralysed. But healing begins when we finally believe what God says about us more than what our past says about us.

Mothers Carry Silent Burdens

Mothers, especially, know what it means to carry invisible weight.
The fear.

The constant worrying.

The guilt over mistakes.

The pressure to hold everything together while quietly falling apart inside.

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Many mothers blame themselves for things beyond their control. They replay conversations, decisions, and missed moments repeatedly in their minds, wondering if they could have done more.

One biblical woman who understood this deep burden was Hannah.

In 1 Samuel, chapter 1, Hannah carried years of grief, disappointment, and silent anguish because she was unable to bear a child. The pain became so overwhelming that Scripture says in 1 Samuel, chapter 1, verse 10, “In her deep anguish, Hannah prayed to the Lord, weeping bitterly.”

Yet instead of remaining trapped in despair, Hannah surrendered her pain before God. When the Lord blessed her with Samuel, she trusted God enough to release him back into His service.

That kind of surrender is not weakness. That is faith.

Your children belong to God before they belong to you.

Psalms, chapter 55, verse 22, says: “Cast your burden on the Lord, and He shall sustain you.”

And Philippians, chapter 4, verses 6 to 7, reminds us: “Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God... will guard your hearts and minds through Christ Jesus.”

God never asked mothers to carry tomorrow alone. He asks for surrender, not perfection.

Jesus Himself Demonstrated Surrender

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Even Jesus showed us what true surrender looks like.

In the Garden of Gethsemane, facing unimaginable suffering, He prayed the words found in Luke, chapter 22, verse 42: "Not My will, but Yours be done."

Jesus understood pain. He understood sacrifice. Yet He still trusted the Father completely.

That is the heart of surrender.

What may seem like a painful ending can be God making room for something greater. Sometimes, delays are a form of preparation, and closed doors serve as protection.

Faith is not always about holding on. Sometimes faith means trusting God enough to release.

Empty Hands Can Receive Again

Imagine trying to receive a gift while both hands are full of broken pieces.

That is how many people live spiritually.

Still holding regret.

Still holding offense.

Still holding fear.

Still holding disappointment.

Meanwhile, God is saying:

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“Release it. I have more for you.”

Jesus says in Matthew, chapter 11, verses 28 to 30: “Come to Me, all you who labour and are heavy laden, and I will give you rest.”

Healing is a journey that calls for surrender. To find true peace, we must learn to trust. And therefore, in order to grow, we need to embrace honesty before God.

Some blessings cannot enter our lives until certain burdens finally leave them.

Final Thoughts

To every woman reading this:

You do not need permission to heal.

You do not need to remain trapped in places God already called you out of. You do not need to carry shame for a season Christ already redeemed.

Let go of what no longer nourishes your spirit.

Let go of what steals your peace.

Let go of what God has already addressed.

Because sometimes letting go is not losing.

Sometimes it is finally breathing again.

Sometimes it is finally healing.

Sometimes it is finally trusting God completely.

And perhaps the girl on the move for Jesus cannot fully walk into her future until she releases what has been holding her hostage in the past.

The beautiful truth is this:

God never empties a hand without intending to fill it again.

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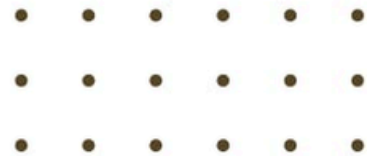
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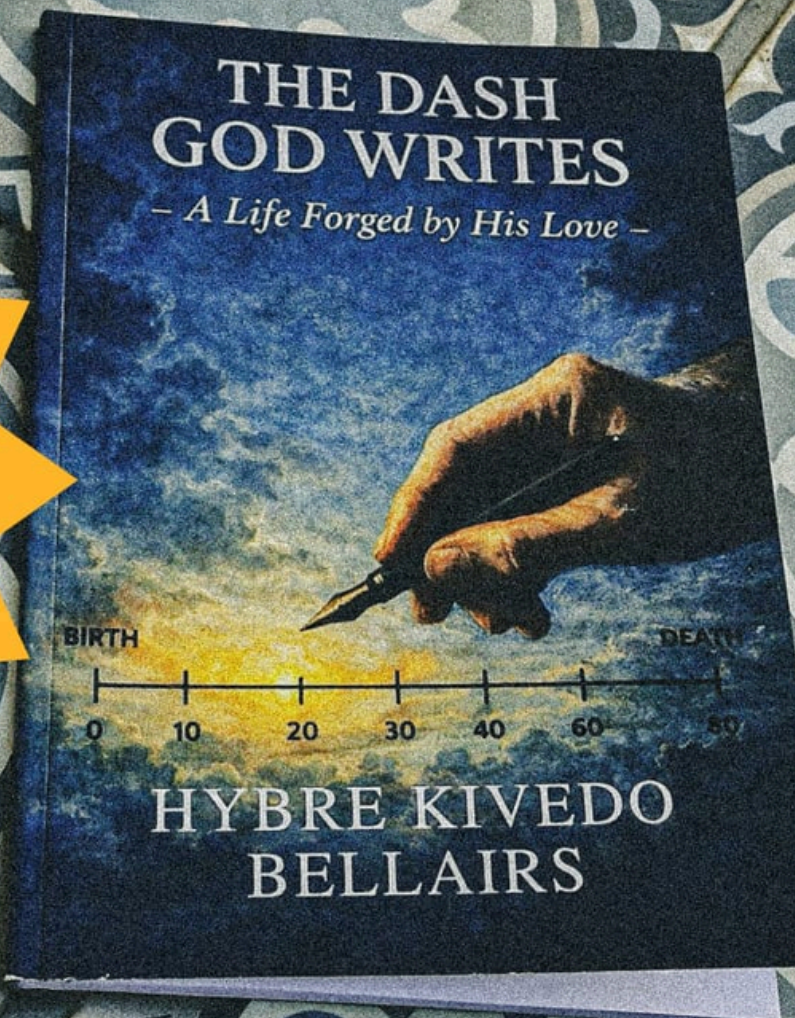


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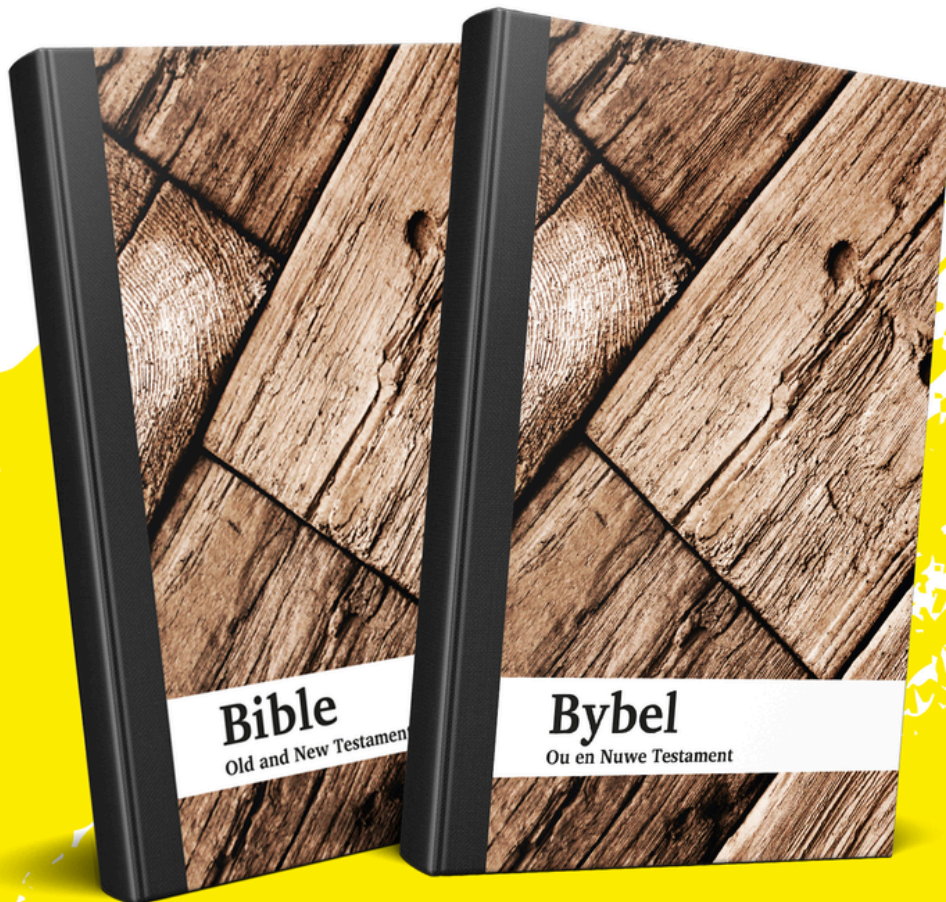
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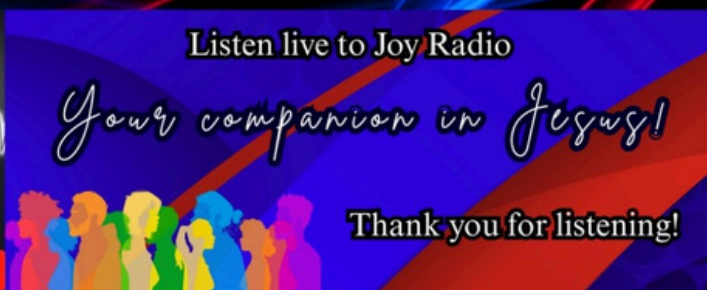


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Psalm 1 vers 3 sê :

*"En hy sal wees soos 'n boom wat
geplant is by waterstrome, wat sy vrugte gee
op sy tyd en waarvan die blare nie verwelk nie;
en alles wat hy doen, voer hy voorspoedig uit."*



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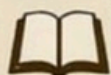
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THE GOSPEL MESSAGE

SPREADING THE GOOD NEWS!

HAVE YOU ACCEPTED JESUS
CHRIST?

THE GOSPEL MESSAGE

Romans 3:23 ESV

"For all have sinned and fall short of the glory of God,"

The abovementioned verse is an extremely well used verse and many people know it and can even quote it off by heart, but the significance of it is the reality that every single person needs to contemplate.

If you have not accepted Jesus as your Personal Saviour yet or are thin king about it, you have to start here. The reality of your sin problem cancels and disqualifies you from the very presence of God and this bars you from eternal Life. Your choices are simple here, either an eternity with God or an Eternity without God. I would think that the logical answer would be an Eternity with God. Why? Well let's look at this:

2 Thessalonians 1:9

"They will be punished with everlasting destruction and shut out from the presence of the Lord and from the glory of his might"

NASB

This is the reality of a choice that omits Jesus as your Personal Saviour -

= Everlasting Punishment

= Destruction

= Shut Out

= No Godly Presence

= And no Glory at all

This is not something to take lightly and by the way this is not scaring you into making a false decision, God is love, thus we as His followers are love, this means if I say I have the love of God, it is my duty to tell you the truth and point you into the right direction.

So in looking at the sin problem and the reality of this, what is the answer then? Let's look at this:

John 14:6

Jesus said to him, "I am the way, and the truth, and the life. No one comes to the Father except through me."

NASB

What a wonderful solution to an immense problem, God has made a way and in making the way He has also made it very clear that this is the only answer to the problem. You have to accept Jesus His Son in order to obtain Eternal Life and ward off all the destruction and other bad things spoken about in the previous Bible verse.

It also makes it very clear that this can only be done through JESUS CHRIST His Son, there is no other way to salvation or Eternal life other than through Jesus, NONE!

Let's look at this too:

John 1:12-13

"But to all who did receive him, who believed in his name, he gave the right to become children of God, who were born, not of blood nor of the will of the flesh nor of the will of man, but of God."

NASB

Wow! Just look at this, not only do we get Eternal Life but we become Children of God. The impact of this is massive as it speaks to the fact that we now belong to the family of God and receive the benefits of being part of a family, and not just any family but a royal family (1 Peter 2 vs 9).

So in looking and understanding all of this, How do you accept Jesus as your Personal Saviour?

Romans 10 vs 9-10

"that if you confess with your mouth Jesus as Lord, and believe in your heart that God raised Him from the dead, you will be saved; 10 for with the heart a person believes, resulting in righteousness, and with the mouth he confesses, resulting in salvation."

NASB

Let me just make one point very clear before we look at the above verses, your salvation cannot be obtained by good works, you cannot go to Heaven or be part of God's family because you are a good person, or you do good deeds, No! The Bible makes it clear, if you want to accept Jesus as your Personal Saviour then it gets done on the basis of two things. These two things are critical because it will also help you on your work with the Lord and attain righteousness and a life pleasing to God.

Firstly, you have to confess with your mouth that Jesus is your Lord, this is very important because by your confession God will know and people in the world will know. This is significant because one does not hide a light under a bowl. Everyone must see and hear that you are a child of God.

BELIEF

And secondly you must believe in your heart, with your whole being and understanding that Jesus was raised from the dead and is alive and is your only Saviour.

So if you have read all of this and the Holy Spirit is directing you to accept Jesus as your Personal Saviour please pray the prayer on the next page, God loves you so much.



ACCEPTING JESUS IS EVERYTHING!

PRAYER FOR SALVATION

Dear Lord Jesus,

I understand that I am a sinner and in need of desperate saving, The Bible tells me clearly that the only answer is for me to confess with my mouth and believe in my heart. I am now confessing with my mouth that I am accepting You as my Personal Saviour and believing in my heart that you are alive and well and dwelling within me. Thank you for the gift of the Holy Spirit and the fellowship of other Believers and allow me please to follow in your footsteps. Amen!

Wow! Congratulations if you have just prayed this prayer, and know that you are now part of the family of the Kingdom of God. Please tell someone about your decision, pray all the time and read and study your Bible. Find a Holy Ghost, Bible preaching church and join.

Please let us know if you have made this decision and allow us to point you in the right direction.

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